



The vision of ERA is to end violence in relationships through province-wide provision of effective, accessible, ethical services for individuals who have used abuse in relationships.

**** 2009 ERA Training Forum and AGM ****

Interpersonal Neurobiology & the Challenge of Responsible Choice:

Working through Violence and Trauma by Building Resources
for Resiliency and Change

With the advent of recent Brain-Body research the field of psychology and human behaviour is undergoing a major change in understanding the dynamics of conscious choice and the power of instinctual reactivity. Leading edge scientists and clinicians are exploring the role of the individual's experience of choice. Through didactic presentations, individual and small group interactions, we will explore the roles of maintaining choice in highly intense experiences. This work addresses the resourcing of both clinicians and clients in a psycho-educational ongoing process. Participants will leave with very simple yet effective Mind-Body exercises that will enhance centeredness, grounding and containment and interventions that will help promote resiliency and change with clients.



JJ Grandville's *Les cent proverbes* captioned "Qui aime bien châtie bien" (*Who loves well, punishes well*) circa 1835. Illustration from Wikipedia

**Holiday Inn Downtown
Vancouver, British Columbia
NOVEMBER 21ST, 2009
8:30AM-5:00PM**



****Workshop Leader****



Ian Macnaughton, M.B.A., Ph.D., is an executive coach, organizational consultant, and psycho-therapist in private practice. Over the last 35 years he has trained in and taught a number of modalities in the area of the Mind-Body and restoring optimal healthy functioning. He has taught at Langara College, B.C.I.T., S.F.U. and U.B.C. His training includes Somatic Experiencing®, E.M.D.R., T.F.T., Gestalt Therapy from the Gestalt Training Center, the San Diego Training Centre and other approaches for assisting individuals, families and organizations. He was a senior teacher of Family Systems Therapy at the Pacific Coast Family Therapy Training Association and has extensive training and experience in family and organizational system dynamics.

Dr. Macnaughton is the editor of Embodying the Mind & Minding the Body and Body Breath & Consciousness: A Somatic Anthology. He is past president of the B.C. Assoc. of Clinical Counsellors and the Pacific Coast Family Therapy Training Assoc.

Moderators:

Harry Stefanakis, Ph.D. , R. Rpsych has over 15 years of experience working with violence and trauma. Harry has designed several community and institutional programs and has provided supervision and training in understanding and facilitating the change process with men who use violence. He was a visiting expert for the United Nations - Asia and Far East Institute for the Prevention of Crime and the Treatment of Offenders (UNAFEI) and is current chair of the Ending Relationship Abuse Society of BC. He has presented his work nationally and internationally and runs a clinical and consulting practice in Vancouver.

Dale Trimble, M.A., R.C.C. is a Canadian pioneer in the work of violence prevention and co-founded one of the first treatment groups for violent men in Canada. He has provided training throughout Canada & in the U.S. Dale was a director and senior therapist of men's groups for over 25 years. Dale is an adjunct faculty member with City University. In 2004 he received the BC Association of Clinical Counsellors "President's Award for Distinguished Contributions to the Profession". Dale is in full time private practice in Vancouver providing therapy, training and supervision.

Reflecting Team Panel to be announced.

****ERA BC Annual Awards****

The Alayne Hamilton Award. Alayne Hamilton was a passionate and skilful advocate to end violence in families. She worked tirelessly with great vision on all aspects of her commitment to peace: from direct therapy, to systemic change on all levels of government and society. Countless lives were touched by her incisive honesty, forceful energy and belief in the best in people. In her memory ERA established The Alayne Hamilton Award to honour a service provider who has demonstrated vision, dedication, and creativity in working with men who have used violence in their relationship.

The Tony McNaughton Award. Tony McNaughton was a manager of a Starbuck's on Robson Street in Vancouver. He was stabbed to death on January 20, 2000, protecting a staff member from her estranged husband. He was awarded the Governor General of Canada's Medal of Bravery and the Carnegie Medal for "extraordinary heroism". ERA honours Tony McNaughton with the establishment of an annual award for unselfish bravery in opposing violence.

The ERA BC Community Service Award. ERA BC has established The Community Service Award to recognize those individuals who have enhanced the quality of life in their communities through their extraordinary work within the field of violence against women in relationships.

Recipients of **ERA BC Awards** will be recognized with an engraved plaque at the 2009 ERA Training Forum.

The Ending Relationship Abuse Society of B.C. (ERA)



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REGISTRATION SHEET FOR TRAINING FORUM: NOVEMBER 21, 2009

Please complete and forward with Conference Registration fee to:

ERA Conference Registration
304-1055 WEST BROADWAY
Vancouver, BC, Canada, , V6H1E2

Fax to: 604-434-2252

Or email: Dr. Harry Stefanakis at drharry@telus.net

*If you fax or e-mail your registration and are paying by
cheque or money order please mail your payment to the above address*

Prefix (Dr., Ms., Mr.)	First Name	Last Name	
Street			
City	Province/State	Postal/Zip Code	Country
()	()		
Daytime Phone		Fax	Email
Organization			
Position/Occupation			

Discounts are available for organizations sponsoring 5 seats or more.
Payment is due at time of registration. See next page for payment options.
Receipts will be issued at conference registration table.
All prices in Canadian Dollars

The Ending Relationship Abuse Society of B.C. (ERA)



CONFERENCE REGISTRATION FORM		
<input type="checkbox"/>	Early Bird Member* (<u>received by October 23, 2009</u>)	\$75.00
<input type="checkbox"/>	Early Bird Non-Member (<u>received by October 23, 2009</u>)	\$125.00
<input type="checkbox"/>	Regular Member*	\$125.00
<input type="checkbox"/>	Regular Non-Member	\$175.00
<input type="checkbox"/>	Student	\$60.00
<input type="checkbox"/>	5 or more from one sponsoring organization 10% discount *** No. of registrants: _____	\$____.____
<input type="checkbox"/>	MEMBERSHIP DUES (optional) ERABC	\$40.00
<input type="checkbox"/>	DONATION (optional) Tony McNaughton Fund**	\$____.____
TOTAL All prices in Canadian Dollars		\$____.____

Cheque or Money Order (made out to ERA BC in Canadian Funds)

Visa **MasterCard**

Card Number _____ Expiry Date _____

Name on Card _____

Signature _____

* **Membership can be purchased with conference registration
Registration includes a \$50.00 nonrefundable deposit.**

** **Each year we raise funds for the Tony McNaughton Fund which is administered through
the Canadian Women's Foundation. Tony was a Starbuck's manager in Vancouver and
died saving an employee from being attacked by her husband.**

*** **Please complete a separate registration sheet (pg. 3) for each participant. Please calculate
the total fee based on a 10% discount for registration (membership fee is not discounted).**

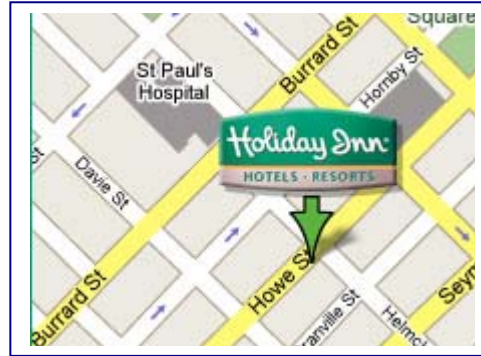
Conference Meals:

**Hosted Lunch provided on Saturday, November 21.
Coffee break refreshments provided both days.**

Conference Hotel:

The Holiday Inn, Hotel & Suites Vancouver Downtown

1110 Howe Street
Vancouver, BC, V6Z 1R2
Ph. (604) 684-2151
Fax. (604) 684-4736
info@hivancouverdowntown.com



Participants are asked to make their own accommodation and travel arrangements. The Holiday Inn has a limited number of rooms available at the following special rates:
Standard: \$109* single/double occupancy Comfort Room.
Suite: \$149
Underground Parking: Guest overnight: \$16.95
To obtain the conference rate please inform them that you are attending the ERA Conference. To get this rate, people must NOT book via their 1-800 reservation number but must book via the hotel directly via 604-623-6866. Everyone must make their own reservations.

* All rates are exclusive of the Prov. Room Tax and the GST, which is 16% and gratuity. These rates cannot be guaranteed after October 1st and are first come first served.

How To Get Here:

From the BC Interior

Arriving in Vancouver on Highway #1, take Hastings Street exit, proceed west on Hastings to Howe. Hotel is on the left, corner of Helmcken and Howe.

From Vancouver International Airport

Follow Highway #99 (Granville Street North) to Downtown Vancouver (approximately 5 miles / 8 kilometres). Once across the Granville Street Bridge, turn left at Helmcken Street. Stay on Helmcken St. two blocks to the corner: 1110 Howe Street.

From the United States

Follow Highway #99 (Granville Street North) to Downtown Vancouver (approximately 5 miles / 8 kilometres). Once across the Granville Street Bridge, turn left at Helmcken Street. Stay on Helmcken one block turn at the corner : 1110 Howe Street.

For other hotels in Beautiful Vancouver check <http://www.bcaccommodations.com/>.